

Linden Hills Co-op Workers Ratify First Contract!

By Matt Utecht, President



Congratulations to our newest UFCW Local 653 family at Linden Hills Co-op! Workers ratified their first contract on Tuesday, September 26, by overwhelmingly voting for better lives through a collective bargaining agreement. I'm proud of these courageous workers who stood up for themselves and their coworkers. I am inspired by the Linden Hills workers' courage and willingness to make their workplace even better than before.

Linden Hills Co-op bargaining committee members decided long

ago that they would not leave any of their coworkers behind. In fact, through their perseverance and hard work, they took information from the member surveys, prioritized economic and noneconomic issues to talk about across the table from the employer. Our union bargaining table asked and listened to what is important to Linden Hills workers.

Highlights of their three-year contract include raises for everyone in the unit, and increased Paid Time Off. Workers are also very proud of language to protect the dignity and respect for all workers, regardless of race, gender or creed.

I've said it before and I'll say it again, co-op values are union values, so we feel this contract will only make Linden Hills Co-op and the local community stronger.

A rising tide lifts all boats

We're raising industry standards for all retail workers. We do this through negotiating union contracts and by acting together. Our union realizes that we are a part of a larger movement for change. I'm proud that Linden Hills workers exercised their power to better their lives and their communities.

See Page 14 for Breakfast with Santa information and registration form!

Local 653 Golden Living Healthcare Members Fight and Win PTO Accrual

By Paul Crandall, Secretary-Treasurer

In March 2017, two healthcare facilities owned by Golden Living in Bloomington and Minneapolis were sold to Monarch Healthcare Management. The transition to the new company went well as Monarch retained all employees represented by UFCW Local 653. It was then learned by the employees that their paid time off (PTO), vacation and holidays were not being credited to the new employer or paid out for earned time by Golden Living. This was quite a shock to the hardworking union members in these facilities who had worked many loyal years for Golden Living. Union Stewards Cindy Garcia at Bloomington and George Grupee from Chateau in Minneapolis met with their Union Representative and a grievance was filed against Golden Living on behalf of those union members who lost accumulated PTO. This grievance was held in April 2017 in the form of mediation with the company's Labor Representative, a State Mediator, Union Stewards Cindy and George, along with Union Representative Rick Milbrath and me. In this mediation, the union presented the totals of PTO that were owed to members. The company representative took the position that they were not going to pay these balances, and at the end of the meeting the offer presented was that the company would pay 33% of what was owed for PTO and make that payment to the new employer on two separate dates, May 1 and September 1. The offer was not fair and not agreeable to accept. The Stewards held their ground--this wouldn't be accepted on the union's behalf. The meeting ended and the next step was reviewed by President Matt Utecht who gave a strong approval to file for arbitration on the members' behalf. The arbitration was filed and the process began

to select an arbitrator with the employer and agree on a date to have the case heard. President Utecht also reached out to UFCW Local 653 legal counsel Tim Louris and instructed him to prepare the case for arbitration on the members' behalf. Arbitration is the next step in the grievance procedure as outlined in the collective bargaining agreement. Arbitration is like court where the case is presented from both parties and the ruling from the arbitrator is binding.

As the work began to select an arbitrator and schedule a date--which sometimes can take months depending on the arbitrators' schedule--the company reached out to the union and submitted another offer on the PTO payout. This offer was an increase from the first offer, however, it still had split dates several months apart payable to be credited to the new employer as PTO balances. UFCW Local 653 legal counsel, on behalf of the union members at the two facilities, was able to negotiate a solid offer that would be paid out directly to the members, and I'm happy to report the members were receiving their checks this week! This long process was painful to some members who weren't able to take paid time off over the summer months.

I want to thank Union Stewards Cindy Garcia at Bloomington and George Grupee at Chateau for their hard work and diligence in securing a good settlement offer. This is proof the grievance procedure in your contract is of tremendous value to union members and another example of how standing strong together helps all to continue achieving a better life.

Daylight Saving Time

By Jim Schommer, Union Representative

It is that time of year again when we "fall back," so remember to set your clocks back one hour on Sunday, November 5, at 2:00 a.m. Daylight saving time was first proposed in 1784 by Benjamin Franklin. His idea was that using more natural light would save on candle usage. He said it somewhat jokingly at the time, but it caught on and now many countries are using some sort of daylight saving time--particularly since the energy crisis of the 1970s. The main reason is energy savings, but there are many other benefits of changing the clocks each spring and fall, including having it lighter later in the spring and summer when it is nicer outside for any type of outdoor activities, and farmers are able to work late to get in their crops. Having it lighter in the morning in the fall and winter months helps keep kids safer at bus stops and walking to school.

There are many arguments for and against daylight saving time. I just wanted to give you a little background, but mainly this serves as a reminder to set your clocks back before you go to bed on November 5.

Seward Community Co-op Union Update

By Ondrea Shallbetter, Organizer and Union Representative

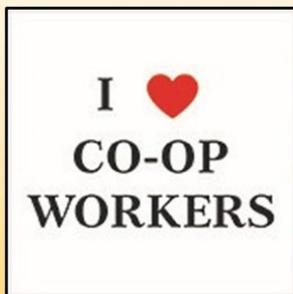
I want to give an update on the unionizing process that the workers at Seward Co-op are moving through. To best understand where Seward workers are at we should review where they have been.

Seward workers' organizing efforts began back in mid-January with a meeting we had with two workers. From January to June there were many conversations about coming together as workers and having the power to demand better benefits, pay and treatment from their employer. By June, the committee of two workers had grown into more than 60! It was amazing to see the power of Seward workers' relationships with one another, bringing over 60 people together, from all three locations. They all had a common goal of doing better for themselves and each other. On June 7, they had enough support from more than 77% of their coworkers to demand they be recognized by their employer. Seward management chose not to recognize them and opted for a democratic election for the employees to decide. The Seward worker committee had no problem with an election because they knew they were strong and united in solidarity! Seward workers had their election on June 22 and voted an overwhelming UNION YES with 94%. It is inspiring.

Since their astonishing victory, Seward workers have been surveying each other about the changes and improvements they would like to see at work. The results of the surveys help craft the first draft of their first bargaining proposal. Seward workers elected a bargaining committee of their peers and look forward to their first bargaining session with management scheduled in October.



SHOW SOME LOVE!



www.facebook.com/LOVECOOPWORKERS/

Eagan West Cub Foods Grand Reopening a Success!

By Amber Allen, Union Representative

In February of this year Eagan West Cub Foods began a much needed and very extensive remodel.

On Thursday, September 7, all of the members' hard work and patience through the process was overwhelmingly welcomed and appreciated by the community and the City of Eagan. On Wednesday, September 6, the store kicked off a soft opening and employee appreciation party to thank the members for their many hours of hard work and dedication in helping complete the job. Thursday was the official ribbon cutting ceremony accompanied by many customer giveaways, including 200 free bags of groceries, numerous demos, cotton candy, a small putt-putt golf course, a basketball, football challenge and a pianist. It was great to see the pride and excitement in the members as they welcomed both old and new customers to the store. I'd like to congratulate each and every member along with those that came and helped to make this grand reopening a huge success. You did an incredible job! Keep up the great work!



Produce - Dan Heffernan



Dairy/Frozen - Bill Vadakin



Deli - Tracy Trog, Seprina Ortega, Trevor Swanson, Kim Buhmann, Philip Kamau, Suzanne Hickey, Melissa Bremer



Giant grocery cart was part of the grand reopening fun



Meat - Andrew Hathaway and Joel Geisel

The Holidays Are Fast Approaching

By Rick Milbrath, Union Representative

If it's true that time flies when you're having fun, I must have had a boatload of fun this year. In reality it seems the older you get the more often you say this. The heck with that saying. That being said, the holiday season will soon be upon us. With Thanksgiving, Hanukkah, Christmas and New Year's closing in it will send extra needed sales into our union stores. While it is important to provide good customer service throughout the year, I believe that it is especially important during the holiday season. Without question customers tend to spend more money at this time of the year toward groceries than any other time of the year. You may have some new customers because of the holiday specials that your store is running or businesses shopping for their company's holiday party. Whatever the reason, you will find an increase in business. This is also the time to convince and try to retain new customers to continue shopping your store.

You don't have to convince too many people that it takes a special kind of person to work in the retail business. Working so close to the public is not at all easy to do; as you well know some people will come in with an attitude. Cashiers might be criticized while doing their job for enforcing store policy by asking for an ID for the sale of cigarettes or beer. Grocery, deli and meat departments may run out of product that was shorted from the warehouse, or there could be a lack of help to service the consumer properly. With the lack of help and hours in these stores, I have seen customers get upset because of long lines or the store being out of stock on everyday or sale items and then taking it out on the employees. Without being there when it actually happens you never know if the customer complaint is justified or has merit, but here at the union office we do know there are two sides to every story.

Try to remember to act professionally at all times. No matter what kind of attitude the customer drags in off the street, greet them first with a smile, assist them in every way possible, and thank them for

shopping your store. After all, they are the ones paying the bills and your wages. If you do run into a rude customer with a problem or attitude, contact the manager on duty and let them deal with the situation before it gets out of hand.

My message to management is to listen to both sides of the story before reacting. While we have to make the customer feel like they're royalty and that they are always right, we know that this is not always the case and that is where we need management to get involved and support the employee after the customer leaves. As an employee dealing with a rude customer or one with an attitude, it can have long-lasting results on an employee's frame of mind as to what the company really thinks of them as an employee. Remember that the employees are trying to do their best during the holiday period, which can be the most stressful time of the year, and the lack of help, cutting of hours and expecting more productivity can compound the problem and lead to even more stress. Management should always focus and support employees even more so during the holiday season. After all, employees would like to go home and feel good about the holidays, too. It would also be nice to hear management openly reward or compliment employees rather than the quick criticizing that you hear about all too often during the holidays. I would like to believe what management says about their employees and that is they are the most valuable assets to the company. If we all work together as a team, we can have a successful holiday season. It's been said, "Whatever happens around you, don't take it personally, nothing other people do is because of you. It is because of themselves." As an employee, remember "customer is king" and to management, "always treat your employees exactly as you want them to treat your best customers," (Stephen R. Covey).

Have a happy, safe and rewarding holiday season!



Wilson-McShane Corporation



The Dangers of Opioid Use

It is becoming less unusual to watch the news or read a newspaper without hearing about our country's opioid epidemic. Opioid addiction tops the list as the fastest growing addiction in the United States. In 2015, 12.5 million Americans misused prescription opioids and over 33,000 people died from overdosing on opioids. In July of this year, opioid addiction was cited as the "FDA's biggest crisis." A month later, the President of the United States declared the crisis to be a "national emergency." But what are opioids, why are they so addicting, and what can you do if you or a loved one is dependent on opioids?

What are opioids?

Opioids are a class of drugs that include heroin and strong prescription painkillers such as morphine, oxycodone, hydrocodone, codeine, fentanyl and others. Medically they are primarily used for pain relief including anesthesia. Opioids act by binding to opioid receptors in the body and creating a flood of artificial endorphins and dopamine. This creates a rush of happiness and euphoria.

Why are opioids so addicting?

Opioids create artificial endorphins in the brain which produce euphoric feelings in the early stages of use. The "high" is so unlike any naturally-occurring rush of endorphins that the only way a person can experience the same pleasurable feelings is by using the drug again. However, as use of the drug continues, tolerance typically develops. Tolerance is the need for a higher dose to get the same effect a person initially got from the drug. Over time the drug tricks the brain into stopping the production of endorphins naturally. At this point the only way an individual can experience positive feelings is by using the drug. This makes opioids extremely addictive.

What are the effects of opioid addiction?

Opioid addiction has both long-term and short-term effects. Short-term opioid effects include:

- Vomiting
- Diarrhea
- Sedation
- Slow reaction times
- Confusion
- Slow breathing
- Heightened sensitivity to pain

- Constricted pupils
- Loss of consciousness

Long-term effects of opioid addiction include:

- Weakened immune system
- Gastric problems such as constipation or bowel perforation
- Severe respiratory depression
- Cardiac arrest
- Overdose
- Death

Are there withdrawal symptoms if a reliant person stops taking opioids?

The short answer is yes. Withdrawal symptoms can occur even if you have only been using opioids for a few weeks, especially with heavy use. Opioid withdrawal can be extremely uncomfortable.

Withdrawal symptoms of opioids include:

- Agitation
- High blood pressure
- Muscle aches and pains
- Excessive sweating
- Low energy
- Anxiety
- Insomnia
- Runny nose
- Nausea and vomiting
- Diarrhea
- Abdominal cramping
- Restless legs
- Dilated pupils

Withdrawal symptoms can last anywhere from a week to a month. There are certain symptoms, such as low energy, anxiety and insomnia that can last for several months. Any decision to try to stop taking opioids should be discussed with your health care provider so that it can be done in a way that avoids withdrawal symptoms.

What should you do if you or a loved one is addicted to opioids?

If you or a loved one is struggling with a possible opioid addiction, you should definitely contact your health care provider that prescribed you the medication so that your doctor and you can develop a plan to reduce and stop your opioid use.



As a member of the Minneapolis Retail Meat Cutters Health and Welfare Fund, you also have access to the Fund's Employee Assistance Program, TEAM. TEAM can assist you or a dependent to schedule a chemical health assessment with one of their licensed drug and alcohol counselors and, if needed, explore the best treatment options within your insurance network. Also, if someone in your life is struggling with addiction, a TEAM counselor would be an excellent resource to help you learn how to process feelings and cope with stress. TEAM has offices located at 1970 Oakcrest Avenue in Roseville (651-642-0182) and in the Duluth Labor Temple at 2002 London Road (218-727-8589) or toll-free: 800-634-7710. To learn more about the complete array of services provided by TEAM, check out the revamped website at www.team-mn.com.

Local 653 at t



The State Fair!



Knowlan's Festival Foods in Brooklyn Park Is Back in Business and Better Than Ever!

By Doug Rigert, Union Representative

On July 15 a fire occurred in the paper aisle of the Knowlan's Festival Foods in Brooklyn Park. Although very quick efforts were made by a couple of employees to stop the fire with fire extinguishers once it was underway, they were unsuccessful and the focus immediately shifted to calling the fire department and getting all the customers and employees safely out of the store. Once the Brooklyn Park Fire Department arrived they quickly contained and put out the fire. Although the fire itself was relatively small and contained to less than one half of one side of the paper aisle, the smoke and water damage was severe enough that every product in the store as well as some fixtures was deemed a complete and total loss.

The leadership team of Knowlan's Festival Foods first priority and concern was the safety and wellbeing of its customers and employees. Once that was established they quickly focused their attention and efforts on devising a well-executed game plan to take on the monumental job of getting the store back up and running as fast as possible. The first thing was to bring in a professional team of cleaners to clean the store from top to bottom and end to end, as well as repainting. Another central and critical part of that game plan was what to do about their employees and the financial impact this would have on them during this difficult and demanding time. The company was quick to hold meetings with the employees to answer all of their questions and to share with them what Knowlan's plan was going forward as far as financial compensation for each of them during the time the store was closed for business. All full-time employees would receive their normal pay for a 40-hour work week if not working at another Knowlan's Festival Food store during a



given week. If they did work at another Knowlan's Festival Food store or were assigned to work at the Brooklyn Park store to help get it up and running, those work hours were subtracted to offset the guaranteed 40 hours promised each week the store was out of business. When it came to all the part time employees, the company chose to do all it could to relieve their financial concerns as well. Every part-time employee would receive a weekly paycheck based off of what each of them had typically worked or averaged per week over the past six-month period. Just like the full-time employees, if they worked at another Knowlan's store or were assigned to work at the Brooklyn Park store to help get it up and running, those work hours were subtracted to offset from the calculated six-month weekly work hours each part-time employee had averaged. Needless to say every employee was appropriately compensated, made whole and was glad to know they would still have a paycheck coming in and all of their questions were answered.

As one might guess, facing a situation like this was very fluid and posed many challenges for all involved. It should come as no surprise that the Brooklyn Park employees were up to the challenge and then some. Taking pride and concern in their store and helping out in any way they could was a key part of getting the

store reopened by Thursday, September 7--only 53 days after the fire had shut it down for business. Brooklyn Park Store Director Greg King told me he has the best employees anywhere, they rocked it and he couldn't be prouder of how hard they all worked together and did whatever it took and then some to get the store reopened so quickly. He also mentioned he was grateful for the help and assistance he received from other Knowlan's Festival Food employees who came to work at the store when they could to lend a hand. What a perfect example of what real dedication and teamwork is all about.



Local 653 members celebrate the reopening of their Festival Foods store in Brooklyn Park

Speaking of teamwork as well as dedication above and beyond to their community, members of the Brooklyn Park Professional Firefighters IAFF Local 5031 asked if they could volunteer some of their time at the store to help get it ready for reopening. The company, as well as UFCW Local 653 President Matt Utecht, was/were amazed by such an act of selfless generosity and community spirit, and both happily agreed to accept the firefighters' offer. In fact, President Utecht was so moved by their gesture that he offered to pay for a Knowlan's prepared lunch for everybody on the day the firefighters volunteered. Chris Thienes, Vice President of Human Resources for Knowlan's Festival Foods, gladly accepted and thanked President Utecht for the offer. On the morning of August 31, the firefighters who volunteered came to the store and for several hours helped stock product throughout the store wherever it was needed.

I would like to give an honorable mention to those members of the Brooklyn Park Professional Firefighters IAFF Local 5031 who volunteered their time, energy, and most of all put on a display for all to see what real community leadership and involvement is really about. They are: Jeffrey Dedrick – Captain Fire Technician, Mike Mauer – Battalion Chief, Dan Smith – Battalion Chief, and Firefighters Mike Christian, Aaron Mauer, Alex St. Martin, David French, Pat Roepke, Sam Thurn, and Brandon Hollingsworth.



Members of Brooklyn's Fire Department helped stock shelves at Festival Foods

On behalf of UFCW Local 653 President Matt Utecht and all of its union members, Knowlan's Festival Foods employees, as well as all of the citizens of Brooklyn Park, I say thank you for what you did and your ongoing loyal service to your community.

John Lego Memorial Golf Tournament

By Scott Larson, Union Representative

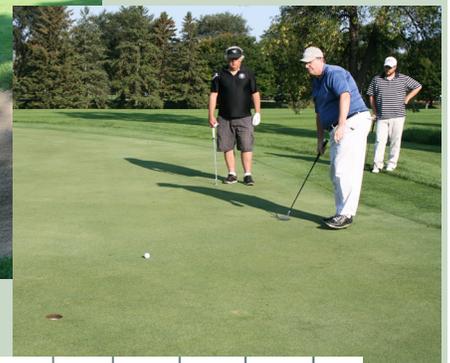
Our eighth Annual John Lego Memorial Golf Tournament was held on August 30, 2017, at Brookview Golf Course in Golden Valley. We could not have asked for more perfect weather. The sky was clear and the sun was shining. It was a great way to honor John Lego.

The golfers were ready to go for the shotgun start at 8:00 a.m. It was a fantastic day, seeing all the members participate in this great event. This Local 653 group has many great golfers as there were long ball hitters, great chips to the green and some extremely long putts. The winning score was 11 under par. At the end of play, lunch

was served along with an award ceremony.

I want to thank President Matt Utecht and Secretary-Treasurer Paul Crandall for their continued support for this event, a special thank you to Doug Dehmer and Chris Erickson for their fabulous culinary skills. The frankfurters were grilled to perfection. (The delicious frankfurters were purchased from Ingebretsen's on East Lake Street in Minneapolis.) Thanks to all the staff of Local 653 for their assistance in making this event a fun-filled day. Thank you to the membership--your participation is greatly appreciated! SEE YOU ALL NEXT YEAR!!





SANTA CLAUS IS COMING TO TOWN... AGAIN!

Saturday, December 2, 2017

9:00 a.m. - 12:00 noon

Earle Brown Heritage Center - Garden City Ballroom

6155 Earle Brown Drive

Brooklyn Center, MN 55430



Members, retirees and their families are invited to Local 653's 8th annual Breakfast with Santa! Breakfast will be served at 9:00 a.m., and then Santa will arrive to pass out gift bags to the children, and then be available for the children to sit on his lap, tell him what they would like for Christmas, and give family members the opportunity to take pictures.

If you are interested in attending this year's Breakfast with Santa, please fill out the form below and send it--along with \$8.00 per person (checks payable to UFCW Local 653)--to:

UFCW Local 653
 Attn: Breakfast with Santa
 6160 Summit Dr N, Ste 600
 Brooklyn Center, MN 55430

Payment must accompany your registration. We will confirm your reservation via email when we receive your form and payment. If you do not have an email address, we will mail a confirmation letter to the address we have on file for you.



Again this year Local 653 is joining with the United States Marine Corp's Toys for Tots program to collect toys for children who might otherwise not have something special to open this Christmas.

We will begin accepting new, unwrapped toys on November 1 at our offices at 6160 Summit Drive N, Suite 600, in Brooklyn Center. You can also bring your donation to this year's Breakfast with Santa on Saturday, December 2.

Breakfast with Santa Claus Registration Form

(deadline--Friday, November 24, 2017)

Member Name: _____

Employer: _____

Email address for confirmation: _____

Adults: _____ x \$8.00 = \$ _____

Children: _____ x \$8.00 = \$ _____

Total: \$ _____

of High Chairs Needed: _____ # of Booster Seats Needed: _____

Thank you so much for the State Fair tickets. It is a must for our family every year and it was so fun this year also!
--Cynthia

THANK YOU SO MUCH FOR THE TICKETS TO THE STATE FAIR. MY FAMILY AND ME HAD SUCH A WONDERFUL TIME. THE WEATHER WAS COOL WITH A LITTLE BREEZE AND NO RAIN! THANKS FOR EVERYTHING YOU DO FOR US MEMBERS.
--ELSIE

Thank you so much for the State Fair tickets. My husband, Bob, and I went on Friday, Sept. 1 and had a great time. Our daughter, Joy went with a friend on Saturday and saw the Grandstand show. They "thank you" for them. We are so lucky to have such a great State Fair and the union to give us tickets.
--Suzy

Thank you very much for the awesome Viking tickets. It was a great game! Go Vikings!
--JoAnne

Want to thank you for the tickets to the State Fair. My son and I were there two times and had a good time.
--Sig

Thank you so much for the MN State Fair tickets! My family and I had a wonderful time.
--Virginia

A very tardy thank you for the Twins tickets for the Aug 18th game! The game was fabulous, 4 home runs, one an infield homer!! Weather perfect, took the light rail in from Big Lake, perfect way to come in... no traffic hassle.

My classmate was very impressed with the stadium and has been a lifelong Twins fan--even living out of state. So thanks again for allowing me to make another memory with an old friend! You are the very best!!

Keep up the good work--we have a lot of work to continue.
--Jeannie

Text 653 to MYUFCW
(698329)

& receive mobile updates
from UFCW Local 653.

*UFCW Local 653 does not charge for text messages, but cell phone provider message & data rates may apply.



UFCW Local 653
6160 Summit Dr N, Suite 600
Brooklyn Center, MN 55430
www.ufcw653.org
763-525-1500 or 1-800-292-4105

Matthew P. Utecht, President (mutecht@ufcw653.org, 612-965-4307)

Paul Crandall, Secretary-Treasurer (paulc@ufcw653.org, 612-965-4301)
Brainerd / Baxter Cub Foods - Baxter Super One - Crosby Super One - Pequot Lakes Supervalu

Jessica Hayssen, Director of Communications (jessicah@ufcw653.org, 651-261-8559)

Rena Wong, Director of Organizing (rwong@ufcw653.org, 612-865-4345)

Jess Alexander, Organizer (jessa@ufcw653.org, 612-567-1225)

Amber Allen, Union Representative (ambera@ufcw653.org, 612-865-6755)

CORPORATE CUB FOODS: Apple Valley, Bloomington, Burnsville HOTC, Burnsville South, Chanhassen, Eagan East, Eagan North, Eagan West, Lakeville North, Lakeville South, Lakeville West, Rosemount, Savage, Shorewood

Radermacher's Shakopee Cub
Park Health & Rehab, Healthcare Services at Park H&R

Scott Larson, Union Representative (scottl@ufcw653.org, 612-961-6305)

LUNDS & BYERLYS: Bloomington, Central, Edina, Hennepin, Lake Street, Minnetonka, Navarre, Plymouth, Prior Lake, Richfield, Wayzata, Lunds Manufacturing

Almsted's - Bergan's - Cooper's - Driskill's - Everett's - Ingebretsen's - Jubilee - Oxendale's

Villa at Bryn Mawr, Senova (Bryn Mawr), Healthcare Services (Bryn Mawr)

Rick Milbrath, Union Representative (rmilbrath@ufcw653.org, 612-965-4310)

JERRY'S CUB FOODS: Bloomington, Brookdale, Chaska, Eden Prairie, Elk River, Knollwood, Lake Street, Nicollet, Quarry, Richfield, Rogers, Southdale, West Broadway

JERRY'S FOODS: Eden Prairie, Edina

KING'S COUNTY MARKET: Andover, St. Francis

Hirshfield's

Minnesota Meat Masters

Brede Exposition Services

Swanson's Meats

Monarch Healthcare - Estates at Chateau, Estates at Bloomington

Healthcare Services (Bloomington and Chateau)

Doug Rigert, Union Representative (dougr@ufcw653.org, 612-889-9121)

LUNDS & BYERLYS: Burnsville, Chanhassen, Eagan, Eden Prairie, Edina, Glen Lake, Golden Valley, Maple Grove, Ridgedale, St. Louis Park, St. Cloud

HAUG'S - Cub Coon Rapids (Williston), Cub Minnetonka (Haug), Cub Waterford

KNOWLAN'S FESTIVAL FOODS: Andover, Bloomington, Brooklyn Park
Benedictine @ Innsbruck Healthcare

Jim Schommer, Union Representative (jims@ufcw653.org, 612-965-4308)

CORPORATE CUB FOODS: Blaine North, Blaine South, Blaine West, Brooklyn Park North, Brooklyn Park South, Champlin, Coon Rapids South, Crystal, Fridley, Lagoon, Maple Grove, Monticello, New Brighton, Rockford Road, Silver Lake Road, Vicksburg

KOWALSKI'S MARKETS: Chicago (Parkview), Eagan, Eden Prairie, Excelsior, Hennepin, Lyndale

Homestead at Anoka, Gold Cross, Monarch Healthcare - Oaklawn

Ondrea Shallbetter, Union Representative/Organizing Dept. (ondreas@ufcw653.org, 612-406-9419)

CUB FOODS: Plymouth Station, St. Louis Park

**UFCW Local 653
Members:**

**Union Meetings will
be held the first
Monday of each month
(October through May)
at 6:00 p.m at Embassy
Suites by Hilton Mpls
North, 6300 Earle Brown
Drive in Brooklyn Center.**

Upcoming meetings:

**Monday, November 6, 2017
Monday, December 4, 2017**

Retirees' Club Meeting Notice

**Knights of Columbus -
Marian Hall**

*1114 American Blvd. W.
Bloomington, MN 55420*

Thursday, October 19, 2017

10:00 a.m Cards
12:00 p.m. Lunch
1:00 p.m. Speaker

For more information:

Thea Gullekson:
952-831-3143
Char Hanson:
612-869-9035
or Marlen Wahl:
952-888-3220

United Food & Commercial
Workers Union Local 653
6160 Summit Dr N Ste 600
Brooklyn Center, MN 55430
763-525-1500 or 1-800-292-4105

**NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
Permit No. 2899
Twin Cities, MN**

Change Service Requested

Sorry--
No ticket entries
this month.



**Service Pins Sent Out
September 2017**

5 Years

Samuel Wing (Jerry's Cub - Knollwood)

10 Years

Eric Eskelson (Lunds & Byerlys - St. Louis Park)

Julia Ashton (Jerry's Cub - Quarry)

Ondrea Shallbetter (Local 653 Union Rep/Organizer)

Suzanne Fallen (Haug's Cub - Plymouth)

Phillip Brown (Jubilee - Mound)

Lynn Frelich (Jerry's Cub - Rogers)

20 Years

Joseph Span (Lunds & Byerlys - Bloomington)

30 Years

Barbara Larson (Cub - Eagan East)

Michael Hetland (Jerry's Cub - Quarry)

Randy Sunell (Cub - Blaine South)

35 Years

Michael Pangerl (Cub - Minnetonka)

Dennis Hite (Cub - Blaine South)

45 Years

Charles Johnson (Jerry's Food - Edina and Jerry's
Cub - Quarry)

Tom Barton (Lunds & Byerlys - Wayzata)